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INVENTION:

HYDROTHERAPY AND EXERCISE DEVICE WITH INTEGRATED LIFT  
AND TREADMILL MEANS

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BACKGROUND OF INVENTION:

This invention relates to the field of hydrotherapy devices. More particularly, this invention relates to a hydrotherapy device having an adjustable speed treadmill with special lift and treadmill moving means and having an integrated control system.

Hydrotherapy devices for tanks and treadmills are disclosed in such patents as Leonaggeo, Jr., U.S. Patent 4,918,766 and Keller, U.S. Patent 5,108,088.

The instant invention is directed primarily for human use and as such requires special considerations. In particular it is desirable not only to lift the treadmill means within the tank so as to accommodate the various needs of the users, but also to provide an integrated moving means and control system. For example the apparatus for lifting the treadmill is preferably, and often, done by hydraulic means. However, because a hydraulic apparatus is normally located within the tank under the water, it is common for such systems, which leak, to easily contaminate the water supply via a leak or gasket deterioration. Further, the entry point of the moving means into the tank walls needs to be one that minimizes the risk of tank leakage at that point.

1 The instant invention utilizes means for lifting one end of the  
2 tank. *a treadmill in the* Whereas Leonaggeo discloses center scissor lift means, the  
3 instant invention utilizes a chain drive to lift the tank utilizing  
4 a single scissor lift means, and while doing so, utilizes the same  
5 pivot point of the single scissor assembly as a common belt and  
6 pulley type arrangement for providing the motivating force to run the  
7 treadmill as well. Consequently not only is the treadmill lifted  
8 from the end in a special single scissor arrangement, the treadmill  
9 moving means utilizes the same pivot points in conjunction therewith.

10 It is common in hydrotherapy systems to utilize jets. However,  
11 to control the rate of flow of water from the jets, rather than  
12 utilizing valves that open and close manually, an AC inverter means  
13 is used to run the pump so as *to allow* ~~allowing~~ the pump to be run  
14 electronically and adjusted so that the output of the pump can be  
15 controlled electronically.

16 It is also an objective to monitor and control the water  
17 chemistry and to do so in combination with controlling other  
18 functions of the apparatus. An integrated control system is provided  
19 to control not only the water chemistry but the treadmill height,  
20 speed, jet functions and other functions of the apparatus and to do  
21 so in an integrated fashion with a computer so as to electrically  
22 isolate the person from the system and to further enable, with  
23 existing PC computers, the operator to do so utilizing commonly  
24 available infrared remote control units. The infrared remote control  
25 unit controls the computer which controls all functions of the  
26 apparatus described above.

27 It is further an object of the invention to provide safety  
28 features, including not only the isolation of the system's electrical

1 or other control apparatus from the operator, but also provide  
2 compatible safety emergency switches.

3 It is a further object of the invention to provide a treadmill  
4 with adjustable impact absorption means so as to adjust the treadmill  
5 floor to provide various impact results to speed the recovery of the  
6 patient depending on the patient's needs. Impact adjustment means  
7 allow for softening the impact of the foot on the treadmill.

8 Consequently, it is an object of the invention to provide a  
9 hydrotherapy device having an adjustable speed treadmill with end  
10 lift means so as to easily access the lifting apparatus. It is  
11 further an object of the invention to provide an adjustable speed  
12 treadmill and to provide such an apparatus in a manner <sup>so as</sup> to maximize  
13 the cleanliness of the water and to do so in conjunction with the  
14 lifting means. It is a still further object of the invention to  
15 provide integrated monitoring and control means of the water  
16 chemistry and the treadmill movement as well as the jet movement, and  
17 to electronically control the water jet means so as to allow the  
18 operator to control the system from one computer and to alternatively  
19 control the system from a relatively inexpensive infrared remote. It  
20 is a further object of the invention, ~~to provide~~ in conjunction with  
21 the other apparatus described and in conjunction with the other  
22 objects, to provide adjustable impact absorption means and emergency  
23 safety devices. It is further an object of the invention to do all  
24 of the above in an economically feasible manner and in a manner so as  
25 to minimize the possibility of leakage and the possibility of  
26 contaminating the water supply.

27 Other objects and features of the invention and the manner in  
28 which the invention achieves its purpose will be appreciated from the

foregoing and the following description and the accompanying drawings which exemplify the invention, it being understood that changes may be made in the specific method and apparatus disclosed herein without departing from the essentials of the invention set forth in the appended claims.

DESCRIPTION OF THE DRAWINGS:

Figure 1 is an overall perspective view of the invention shown without the front wall thereon.

Figure 2 is a side view of the invention.

Figure 3 is an end view of the invention.

Figure 4 is a top view of the invention.

Figure 5a is a top view of the treadmill alone.

Figure 5b is a side view of the treadmill.

Figure 6 is an end view of the treadmill as shown with the handrail attachments.

Figure 7 is a block diagram of the Control System for the Tank, Treadmill and Lift Apparatus.

Figure 8 is a flow chart showing the sequential logic for one branch in the multitasking control system.

1 DESCRIPTION OF THE PREFERRED EMBODIMENT:

2 The invention is shown in the preferred mode in Figure 1. The  
3 tank 2 is shown holding water 3 at a water level line. The tank has  
4 a front end 4 and an opposing rear or back end 5. The sidewall 6 has  
5 an opposing sidewall (not shown in order to disclose the interior  
6 elements and features). The treadmill 8 is shown atop a supporting  
7 platform 10 and has a treadmill belt 12 rotating about the treadmill  
8 ends 14 and 16.

9 The treadmill is preferably fixed upon the platform 10 and moves  
10 up and down in the water as the platform is moved. The vertical  
11 movement of the platform is accomplished by attachment to the chain  
12 18 at 20. The chain rotates about the sprockets 22 and shaft 24  
13 which itself is turned by chain 26 and sprocket 28, which itself is  
14 turned by motor 30. The motor 30 is an electric motor however other  
15 end lift means, other than the motor, chain and sprocket assembly as  
16 disclosed, including hydraulic or pneumatic and lift means, are  
17 envisioned for lifting the platform 10 at 20.

18 Additional support for the platform is provided by rigid members  
19 32 and 34. These rigid members are pivotably joined at the center  
20 38. Member 32 has a fixed end nearest the rear of the tank at 40 and  
21 is pivotably connected as will be seen further in Figure 2. The  
22 opposing end of member 32, also described herein as the distal end,  
23 is horizontally ~~slightly~~ <sup>slidably</sup> attached to the platform at 42. Rigid  
24 member 34 similarly has a fixed end at 44 pivotably attached to the  
25 platform 10 at the rear end of the platform 10. The distal end of  
26 rigid member 34 is, like the distal end of rigid member 32,  
27 horizontally ~~slightly~~ <sup>slidably</sup> attached at 46 near the bottom and front of  
28 the tank.

1           This chain and sprocket assembly described and the two rigid  
2 members described also exist nearest the opposing wall 6 and is shown  
3 only in part as dotted portion 36 for clarification only. However it  
4 should be understood that while the invention works best with dual  
5 systems, the system can also work and is envisioned with a single  
6 system on one side or the other as shown or in the middle of the rear  
7 end wall. Further structural integrity is achieved with a dual  
8 system however.

9           The rotation of the conveyor treadmill about the pivot point 16  
10 is accomplished by a series of flexible links comprised, in the  
11 preferred mode, of belts and pulleys however any similar type  
12 arrangement including chains and sprockets, grooved belts and grooved  
13 pulleys or other flexible link arrangement is envisioned. The first  
14 link is accomplished via belt 48 linking pulleys 50 and 52 at pivot  
15 points 16 and 44 respectively. Pulley 52 is shown attached to  
16 another pulley at 44 that comprises one end of a flexible link linked  
17 via belt 54 to opposing end 50 and pulley 56. However, an  
18 alternative mode exists on the support system nearest the opposing  
19 wall 6 via shafts as shown in Figures 3 and 4. Consequently the  
20 system in the latter instance is more easily balanced and accessible  
21 for replacement of belts. Transfers of energy from one side of the  
22 treadmill to the other and back are accomplished via the shaft shown  
23 in Figures 3 and 4.

24           Continuing with the mode of the invention shown in Figure 1, a  
25 final flexible link is shown with belt 58 rotating about the pivot  
26 point 56 with the pulley 60 rotating about pivot point 40. The shaft  
27 62 connects the pulley 60 with the gear box or gear reducer 64 to the  
28 electric motor 66 via shaft 65. Other mode of forces are envisioned

1 for the electric motor 66 with electric motor gear box and shaft  
2 assembly 62, 64, 65, and 66.

3 Consequently, the motor ultimately turns the shaft 60 and  
4 through the three flexible links described, transfers energy to the  
5 pulley 50 thus turning the treadmill conveyor. All of the above is  
6 accomplished utilizing the same pivot points as created by the two  
7 rigid structure members combined. The motor 66 and the <sup>Motor</sup> 30 are  
8 controlled by electrical signals at 70 and 68 respectively. The  
9 signal 70 controls the speed of the motor as does the signal 68.  
10 Both signals at 68 and 70 are generated from the control  
11 microprocessor as shown in Figure 7.

12 It will also be seen that the water 3 penetrates the wall  
13 section between interior wall 5 and exterior end wall 72 and that the  
14 chain and sprocket assembly 18, 22, and 17 is inside the unit in the  
15 water and consequently water tight seals at 22 and 17 as well as at  
16 40 are necessary. However the invention is designed in this manner  
17 so as to provide for apparatus that will most easily allow water  
18 tight seals through the enclosure. Moreover, the support structure  
19 (rigid members 32 and 34) allow for least contamination of the water  
20 by the mechanical system. ~~Other devices provide for hydraulic~~  
21 ~~mechanisms inside the tank, an undesirable structure inasmuch as~~  
22 ~~hydraulics are unclean, allow for leaks of the fluid and in the~~  
23 ~~therapeutic environment are normally entirely undesirable.~~

24 Consequently the support structure and the lifting structure, are not  
25 only unique in themselves but provide for a far more hygienic system.

26 The side view in Figure 2 shows the fixed point at which the  
27 rigid member 32 is fixed. Also the inside wall 78 is shown though as  
28 indicated earlier, the chain and sprocket mechanism 80 is normally



1 immersed in water as shown by the water line 82. The arcs 84 and 86  
2 show the movement of the pivot points on the rigid members during the  
3 raising and lowering of the platform 88. The dotted lines 90 and 92  
4 show the position of the rigid members in a raised position when the  
5 platform would be located at 94. The treadmill 96 is shown having  
6 pulley 98 rotating about the pivot point 100 as one end of a pulley  
7 in the fixed link connecting the opposing pulley 102 via link 104.

8 Figure 3 shows the end view utilizing the fixed links and shaft  
9 discussed earlier. The treadmill motor 106 transfers its rotational  
10 energy via shaft 108 to the fixed link at 110 connected to the common  
11 pivot point at 114 as determined by the common axis 112. The pivot  
12 point at 114 is the fixed end of the one rigid member nearest the  
13 rear end. The fixed end of the adjacent rigid member is shown at  
14 116. The opposing ends of the two rigid members are attached to  
15 rotating wheels 117 and 115 that slide horizontally in channels 119  
16 and 118. The shaft 120 is shown as a separate shaft from that shaft  
17 121; in practice the two shafts are in the same place. As similar to  
18 that discussed previously, the fixed end of the rigid member nearest  
19 the rear end in the opposing set of rigid member structures is shown  
20 at 122. The fixed (but as before rotatable) end of the adjacent  
21 rigid member is located at 124, rotating about the common axis 125.  
22 The distal ends of the two respective rigid members likewise are  
23 attached to rotating wheels 126 and 127 in channels 128 and 129.

24 The chain 130 is shown attached to a common rotating shaft 131  
25 which also transfers energy to the opposite chain 132. Support  
26 structures 133 are shown for structural support in the walls.

27 The flexible link via belt 137 attached to pulley 138 transfers  
28 energy to the shaft 139 which extends through the common pivot points

1 of all four rigid members to the pulley 140 which consequently  
2 transfers rotational energy through the flexible link via belt 141 to  
3 the pulley 142. That pulley then transfers rotational energy through  
4 the shaft 143 to the final flexible link via belt and pulley  
5 arrangement 145 to the pulley 146 which transfers rotational energy  
6 to the conveyor of the treadmill 148.

7 The top view is shown in Figure 4 which likewise shows the  
8 system of belts and pulleys and flexible links as described in Figure  
9 5.

10 Figures 5a and 5b show the treadmill and the belt direction  
11 along with a side view. The belt revolves around pivot point 150  
12 which pivot point corresponds to the pivot point 100 in Figure 2 and  
13 corresponds to the common pivot point of the pulley 146 in Figure 3.  
14 Also shown in Figure 5b is the belt tensioning device assembly 152  
15 which provides for adjustable means for providing tension in the  
16 conveyor 153 via adjustable spring loaded means.

17 The treadmill is shown in Figure 6 as 160 with handrailing 162  
18 and 164 fixed to the sides of the treadmill.

19 In use, the treadmill operator controls the level and status of  
20 the system preferably before the user enters, utilizing the keyboard  
21 83 and/or IR remote control 77, shown in Fig. 7, to send the  
22 appropriate signals through the microprocessor system. Consequently  
23 the signals are sent to raise or lower the lift via contactor 33,  
24 which is connected to the lift motor 30 at 68. The status of the  
25 water quality is determined by the desired chemical sensing means and  
26 the appropriate signals sent to the appropriate desired chemical  
27 control means to adjust the water chemistry. Once the user is in the  
28 water, standing on the treadmill, it is then common to start the

1 treadmill moving by sending the appropriate signal through the  
2 microprocessor system to the treadmill AC inverter which accordingly  
3 starts the treadmill moving. The speed of the treadmill is likewise  
4 monitored and shown on the microprocessor and appropriate adjusting  
5 signals are sent to speed up or slow down the treadmill. The user  
6 typically faces the front end. The jets 170, 172 (and associated  
7 jets in the side wall 6), 174, 175, 176 and 178 are turned on by  
8 controlling the water flow at 180 through the water pump, controlled  
9 by the AC inverter. By controlling the electric power to the pump,  
10 the amount of water pumped, consequently the flow rate, is controlled  
11 so that the water flows through fast or slow as desired.

12 During the use of the system, as the water chemistry and  
13 conditions change with the user in the water during exercise, the  
14 system automatically monitors them through the various sensing  
15 devices described and the user can monitor them as well on the  
16 monitor and change them utilizing the infrared remote control means.  
17 Likewise, if it is desirable in use to lower or raise the treadmill,  
18 simply pressing the appropriate buttons on the infrared remote  
19 control sends the appropriate electrical signals to control the motor  
20 30.

21 Figure 7 shows a control system for sensing and controlling the  
22 tank, water and treadmill system. The system has water sensing and  
23 control means, means for sensing and controlling other functions, as  
24 well as isolating the system from the individual the system and from  
25 the computer for safety and other reasons.

26 As shown, the system, in the preferred mode, senses the quality  
27 of the water through the pH sensor, the ORP (oxidation reduction  
28 potential) and the temperature through sensors 21, 23 and 25. Said

1 sensors gather data converting it to analog electrical signals and  
2 send the signals to the input/output 51. Likewise, the speed of the  
3 treadmill is monitored and controlled by AC inverter 27, and the flow  
4 water through the jets is controlled by the pump AC inverter 29.  
5 Both the treadmill AC inverter and the jet AC inverter send and  
6 receive, as opposed to just send, signals to and from the  
7 input/output 51.

8 The emergency stop switch 31 is connected to the input/output 49  
9 such that if the stop switch is pulled or operated, the signal is  
10 immediately sent to the system shutting down the system. The lift  
11 status may be monitored but in the preferred mode here, the lift  
12 contactor 33 is only a receiving device to receive signals from the  
13 input/output 49. The sanitation/filter pump 35 also receives a  
14 control signal from the input/output 49. The water level is  
15 controlled by solenoid valve 39 and receives a signal from the  
16 input/output 49. The pH level is controlled by the solenoid valve 41  
17 which receives a signal from its control signal from 49. Likewise  
18 the bromine content is controlled via solenoid valve 43 which  
19 likewise receives its signal from input/output 49. The water level  
20 is sensed via capacitive or other sensors 37 and sends its signals to  
21 the input/output 49. The position of the lift is sensed using  
22 inductive sensors 45 and electrical signals are sent to input/output  
23 49. The jet air is controlled by solenoid valve 47 via signals from  
24 input/output 49.

25 All of the electrical signals from the aforementioned sensors  
26 and devices 21, 23, 25, 27, 29, 31, 33, 35, 37, 39, 41, 43, 45, 47  
27 are electrical signals that can be either analog or data but in the  
28 preferred mode are shown either analog or data signals. Consequently

1 input/output 49 is a digital device and input/output 51 is an analog  
2 device. The digital input/output devices are, in the preferred mode,  
3 optically isolated such that the electrical signals received are,  
4 internally, converted to electrical signals, transmitted as optical  
5 signals, received as optical signals and decoded and retransmitted to  
6 electrical signals at the outputs. The optical transmission operates  
7 in both directions in the input/output device. Optical here includes  
8 not only visual wavelength light but all lightwave frequencies  
9 visual, infrared, ultraviolet, or otherwise. Optical isolation in  
10 this manner, in an wet environment such as this, allows further safe  
11 isolation of the operator from the water and electrical power of the  
12 machinery, and also provides for more secure and certain  
13 communications free of outside electrical interference. Other  
14 electrical protection means are envisioned including magnetic. The  
15 analog input/output devices are, in the preferred mode, magnetically  
16 isolated such that the electrical signals received are internally  
17 electrically separated from the signals transmitted.

18 The input/output devices 49 and 51 send and receive signals  
19 through the input/output controller 61 via data paths 53 and 55. The  
20 input/output controller is a microprocessor device itself although in  
21 the preferred mode it is shown connected to another microprocessor  
22 device 63 through link 59. The system is set up so that 63 is a  
23 commonly available personal computer having storage means for storing  
24 the data received from the sensing devices, printing means 91 for  
25 analyzing data results of the system status, video monitor 75 for  
26 observing the system status, keyboard means 83 and infrared remote  
27 means 73 and 77 to communicate and control the microprocessor 63 (and  
28 ultimately the input/output controller 61) via link 79. 79

1 consequently is a non-hardwired connection so as to even further  
2 isolate the operator and provide freedom of movement in dealing with  
3 the user of the system and controlling the system. Fax/modem 65  
4 allows control and maintenance of the system from still further  
5 remote sources via phone, network or other long distance means.

6 While there have been shown and described particular embodiments  
7 of the invention, it will be obvious to those skilled in the art that  
8 changes and modifications may be made without departing from the  
9 invention or its equivalent, and, therefore, it is intended by the  
10 appended claims to cover all such changes and modifications as fall  
11 within the true spirit and scope of the invention.